"NEW" Mainstream (Mainstream 2026)

CALLERLAB Entry-Level Destination Dance Program (replaces SSD)

Alphabetical Call List

Green = new to MS List
Yellow = not in SSD

Alamo Style Wave ("Alamo Ring")
Alamo Swing Thru
Allemande Left / Right
Arm Turns (Left/Right)
Balance (Alamo and Wave)
Backtrack
Bend The Line
Box The Gnat
California Twirl
Cast Off 3/4 (waves, couples)
(Put) Centers In
Chain Down The Line
Circle (Left/Right, 2, 4, 8, ½, ¼, ¾)
(2 = Single Circle)
Circulate (Couples, named dancer, All 8, Box, Split, Column)
Courtesy Turn
Dive Thru
Dosado / Dosado To A Wave
Double Pass Thru (DPT)
Extend
Ferris Wheel
First/Next Couple Go Left/Right
Flutterwheel / Reverse F.W.
Fold / Cross Fold
Grand Square
Half Sashay
Half Tag / Left Half Tag
[Left] (¼ / ¾) Tag
Hinge (Single, Couples)
Ladies Chain (2, 4; across, ¾)
Ladies In, Men Sashay
Lead Right/Left
Partner Trade
Pass The Ocean
Pass Thru
Promenade (Home, ½, ¾)
Star Promenade
Single File Promenade
Ladies/Men Promenade Inside
Wrong Way Promenade
Recycle (from waves only)
Right & Left Grand (RLG)
Wrong Way Grand
Right & Left Thru
Rollaway (Circle, Couples)
Run / Cross Run
Scoot Back
Separate … and *Anything*
… Around 1 or 2
… To A Line
… Come Into The Middle
Single Circle To A Wave
Slide Thru
Spin The Top
Split *(The Outside)* Two
Square Thru / Left Square Thru
Star Left/Right
Star Thru
Step To A Wave
Sweep 1/4
Swing *(Your Partner/Corner)*
Swing Thru / Left Swing Thru
Tag The Line / Left Tag
(Face In/Out/Left/Right)
Touch 1/4
Trade (named, Partner, Couples)
Trade By
U-Turn Back
Veer Left/Right
Weave The Ring
Wheel & Deal (from 2FL, 1FL)
Wheel Around / Reverse W.A.
Wrong Way Grand / Promenade
Zoom

<Passing Rule (right shoulders)>
<Facing Couples Rule (step to a wave)>
<Ocean Wave Rule (pull by / pass thru from wave)>
<Circle Rule (couple call -> square)>

Dancer Identification

Dancer Naming:
Boys/Girls/Partner/Corner
Centers/Ends/Leaders/Trailers
Couple Naming:
Heads/Sides/#1,2,3,4/Home

Miscellaneous Terms

"Bow to Your Partner/Corner"
"Square Your Set" / "Thank Your Square"
"(Right/Left) Pull By"
"Forward & Back"
"Step Thru"

DO NOT CALL (Previous Mainstream Calls NOT on the Current List): *[Full-size list on page 2]*

Walk Around Corner
See Saw
Do Paso
Circle To A Line
Cloverleaf
Dixie Style To A Wave
Eight Chain Thru
Pass To The Center
Spin Chain Thru
Turn Thru
Walk and Dodge
Thar Family
Shoot The Star
Slip The Clutch

"NEW" Mainstream (Mainstream 2026)

CALLERLAB Entry-Level Destination Dance Program *(replaces SSD)*

Mainstream 2026 NO-CALL List

(Previous Mainstream Calls NOT on the current list)

<u>Thar</u> Family
Shoot The Star
Slip The Clutch
Walk Around Corner
See Saw
Do Paso

Circle To A Line
Cloverleaf
Dixie Style To A Wave
Eight Chain Thru
Pass To The Center
Spin Chain Thru
Turn Thru
Walk and Dodge