

Lesson Plan for SD 201: The “Plus” Program of Square Dancing – 4-Day Blast

Prerequisite: SD 101, “Modern Square Dance Fundamentals” or other class in Social Square Dance (SSD).
Specifically, students are expected to have a good grasp on all the calls from the CALLERLAB SSD list (“SSD-50”).
Recommended timing: 2 weeks of practice at club nights after each (biweekly weekend afternoon) class day.

Diagrams available for calls in GREEN

Day 1 (3 hours)

Simple 4-Person Calls

[M] Spin The Top
“Step Thru” / RLT from Waves
[M] Walk & Dodge
Trade The Wave
[M] 1/4 Tag, 3/4 Tag
[...] RLT, Courtesy Turn (*general*)

Spin Chains, Part 1 (8-Person)

[M] Spin Chain Thru
Other Common 4-Person Plus Calls
Explode and *Anything*
Chase Right
Follow Your Neighbor

Simple 8-Person Calls

[M] Cloverleaf
Acey-Deucey (from Waves, 2FL)
Grand Swing Thru
Triple Scoot

Teacup Chain

Other Common 8-Person Plus Calls

Ping Pong Circulate
Load The Boat

Day 2 (3 hours)

Spin Chains, Part 2 (8-Person)

Spin Chain The Gears
Single Circle To A Wave
Fan The Top
Explode The Wave
[...] Left Chase
[M] [Left] Turn Thru
[M] Pass To The Center

Diamonds (4-Person)

Diamond Circulate
Cut The Diamond
Flip The Diamond
[Basic] Circle Figures
Walk Around The Corner
See Saw
Do Paso

Anything & Roll

... *Simple roll-to-face cases*
... *When some end at different times*
(Swing Thru)
... *When roll ends in Tandem*
(Right & Left Thru, Wheel & Deal)
... *When only some can roll*
(Trade By, [Ping Pong Circulate])

Day 3 (3 hours)

Spin Chains, Part 3 (8-Person)

Spin Chain and Exchange The Gears
[M] Dixie Style (To A Wave)
[...] *Single File* Dixie Style (from 0 Tag)
Linear Cycle (from Waves only)
Crossfire (from 2FL)
Track 2

Spread (8-Person except Case 3)

Anything & Spread (all 3 cases)
... *Leaders of Tandem Couples*
... *Active dancers between Couples*
(e.g. Heads Star Thru & Spread
(or Heads Touch 1/4 & Spread)
... *From Lines/Waves slide sideways*
(e.g. Follow Your Neighbor & Spread)

Peel Family (mostly 4-person)

Peel Off (after DPT, away from Center)
[...] Peel Off (from Boxes and Columns)
“Z” Formation (after Fold / Cross Fold)
[...] Peel Off (from “Z”)
Peel The Top

Day 4 (3 hours)

Spin Chains, Part 4 (8-Person)

Relay The Deucey
More 8-Person Plus Calls
Dixie Grand
Coordinate
All 8 [Left] Spin The Top
[M] Eight Chain Thru / Eight Chain *n*

[M] Thars

Allemande Thar
Allemande Left to an Allemande Thar
(Go Forward 2...)
Slip The Clutch
Shoot The Star
Shoot The Star Full Around
Wrong Way Thar (Go Forward 3...)

Extended Applications (as time permits)

<Circle Rule (fwd/back -> square off)>
[...] Slide Thru (*same sex: BB/GG*)
[...] Scoot Back & FYN (from 1/4 Tag)
[...] Chain Down The Line (*APD*)
[...] Recycle (*APD*)
[...] Facing Diamonds, P2P Diamonds
[...] Acey-Deucey (from Diamonds, etc)
[...] Crossfire (from OFL, Inv Lines)
[...] Relay The Deucey (*APD*)
[...] Spin Chain & Exch Gears (*APD*)

[...] = More applications of prior calls
[M] = Calls from “Mainstream” Program