

Lesson Plan for SD 201: The “Plus” Program of Square Dancing – 30 hrs. (20 weeks)

Prerequisite: SD 101, “Modern Square Dance Fundamentals” or other class in Social Square Dance (SSD).

Specifically, students are expected to have a good grasp on all the calls from the CALLERLAB SSD list (“SSD-50”).

This class will teach all of the Basic, Mainstream, and Plus calls that are not part of SSD.

Week 1

Formation Awareness

Removal of Restrictions:

[...] RLT, Courtesy Turn (*general*)

[...] Chain Down The Line (*APD*)

[...] Slide Thru (*same sex: BB/GG*)

[...] Scoot Back (from ¼ Tag)

[M] Pass To The Center (*APD*)

Acey Deucey (from Waves, 2FL)

Week 2

[M] Cloverleaf

Grand Swing Thru

Triple Scoot

Beginning of “Spin” & “Top” Families

[M] Spin The Top

RLT from Waves <Ocean Wave Rule>

Week 3

[M] Walk & Dodge

Ping Pong Circulate

[B] Do Paso

Teacup Chain

Week 4

Fan The Top (“Top” Family)

[M] Spin Chain Thru (“Spin” Family)

Trade The Wave

Week 5

[B] Walk Around The Corner

[B] See Saw

[M] [Left] Turn Thru

Single Circle To A Wave

Load The Boat

Week 6

Spin Chain The Gears (“Spin” Family)

Peel Off (after DPT, away from Center)

Week 7

Diamond Circulate

Cut The Diamond

Flip The Diamond

Track 2

[...] Peel Off (from Boxes and Columns)

Week 8

Review & Limited APD

[...] Facing Diamonds, P2P Diamonds

[...] Recycle (*APD*)

Week 9 (Roll)

Anything & Roll

... Simple roll-to-face cases

... When some end at different times

(*Swing Thru*)

... When roll ends in Tandem

(*Right & Left Thru, Wheel & Deal*)

... When only some can roll

(*Trade By, Ping Pong Circulate*)

Week 10

Spin Chain & Exchange The Gears

Explode & Anything

Explode The Wave

Week 11

Crossfire (from 2FL)

Coordinate

Week 12

Follow Your Neighbor

Chase Right / Left Chase

Week 13

Anything & Spread (all 3 cases)

... Leaders of Tandem Couples

... Active dancers between Couples

(*e.g. Heads Star Thru & Spread*)

(*or Heads Touch 1/4 & Spread*)

... From Lines/Waves slide sideways

(*e.g. Follow Your Neighbor & Spread*)

“Z” Formation (after Fold / Cross Fold)

[...] Peel Off (from “Z”)

Peel The Top

Week 14

Relay The Deucey (“Spin” Family)

Week 15

Linear Cycle (from Waves only)

Dixie Grand

Week 16

[M] Eight Chain Thru / Eight Chain *n*

All 8 [Left] Spin The Top

Week 17 (Thurs)

Allemande Thar

Allemande Left to an Allemande Thar
(Go Forward 2...)

Slip The Clutch

Shoot The Star

Shoot The Star Full Around

Wrong Way Thar (Go Forward 3...)

Week 18

[M] Dixie Style (To A Wave)

[...] Single File Dixie Style (from 0 Tag)

[M] 1/4 Tag, 3/4 Tag

<Circle Rule (fwd/back -> square off)>

Week 19

Review & Extended Applications

[...] Acey Deucey (from Diamonds, etc.)

[...] Crossfire (from OFL, Inv Lines)

[...] Relay The Deucey (*APD*)

[...] Spin Chain & Exch. Gears (*APD*)

Week 20

Review / Graduation

[...] = More applications of prior calls

[B] = Calls from the “Basic” Program

[M] = Calls from “Mainstream” Program

<xxx> = “General Rules”