Today's Square Dance It's not what you think it is

"It's teamwork. You're working a real-time puzzle with seven other people. And when you nail the outcome, it's really quite exhilarating."



Today's Square Dancing is not heehaw music, frilly clothes or cowboy shirts. It's not even dancing. (There's no artsy self-expression involved.) It's just walking to music. It's a little like football, except without the concussions. You've got formations. You've got a team around you. You've got plays sent in by the caller. The challenge is, can you run your route successfully?

Now granted, the team is coed. But that's a feature. If you enjoyed geometry in high school, you'll get a kick out of this stuff.

The music you walk to ranges from the Beatles to modern hits. Today's Square Dancing is great exercise for the body and brain. You'll walk several miles a night, and your mind will be challenged.

Free Intro Parties

Pure Sunday, December 2 2:00 to 3:30 pm
Wilmette Community Recreation Center
3000 Glenview Road, Wilmette

Tuesday, December 18 7:30 to 9:00 pm Wilmette Community Recreation Center 3000 Glenview Road, Wilmette

Wilmette Park District

Classes begin Monday, January 7

7:30 - 9:30, 3000 Glenview Road, Wilmette

Friday, December 28 6:45 to 8:30 pm Evanston Civic Center

2100 Ridge Avenue, Evanston

Tuesday, December 18 7:30 to 9:00 pm

Oakton Community Center 4701 Oakton Street, Skokie

Skokie Park District

Classes begin Wednesday, January 16

7:00 - 9:00 pm, 4701 Oakton St., Skokie



For more information: *NorthShoreSquares.com*To participate you must be able to sustain a fast walking pace.
No dress code. No experience needed. No partner required.



