Circle Left / Circle Right

Forward & Back

copyright ©2016 Bruce T. Holmes

Promenade

Right-Arm Turn Left-Arm Turn Allemande Left

Weave The Ring

Right & Left Grand Three steps forward. Touch on the fourth beat. Four steps back. Make noise.

Join hands. Circle in the direction designated.

Use a forearm grip to turn all the way around and head back where you started.

When a left-arm turn is done with your corner it's called an **Allemande Left.**

Walk in a counterclockwise direction (toward your right). When done with a partner, right hand in right, left hand in left. Right on top. Couple promenades are outside the square. "Gents (or ladies) promenade" is done on the inside of the square.

Boys face counter-clockwise (right). Girls face clockwise (left). Starting with a right-hand pull-by with your partner move around the circle alternating hands. The fifth hand should be your partner again. Usually followed by a Promenade Home.

A Right & Left Grand but without hands.

Stars

Wheel Around

Courtesy Turn

Ladies Chain

Pass Thru

Star Thru

Normal couple hand hold. Girl walks forward. Boy backs up. Turn 180° to face in the opposite direction. Right or Left, hands in the center, and walk once around.

Ladies join right hands in the center and do a right-hand star to a new boy. Ladies Chain Across takes you to the guy across from you. Ladies Chain 3/4 takes you all the way around to your corner. Girls and destination guy take left hands. The boy shifts to the right and pivots to face out along side her. They do a Courtesy Turn together.

When normal, the hand that is holding your partners hand (the inside hand) is the one you use. Boy's right, girl's left. Place that hand against the hand of the person you are facing. The hands point up and rise as you pass right shoulders with each other. The girl ducks under the joined hands and faces 90° to the left. The boy faces 90° to the right. Left hand in partner's left hand. Right hand dancer (the girl) places her right hand behind her back. Left hand dancer places his right hand against her right hand. Girl walks forward. Boy backs up. Finish facing into the center of the square.

Pass right shoulders with the person opposite you. End up where they started. There is no turning.

Grand Square

Half Sashay

Roll Away with a half sashay

Ladies Center the Men Sashay

U-Turn Back

Square Thru

Person on the right slides in front of the person on the left into their partners position. Person of the left slides behind the person on the right into their partners position. Slide means you do not change your facing direction. You walk a mini square in your corner of the larger square. You will always be facing either your partner or the person opposite you. If you are near the person you are facing, you walk backwards. Otherwise, walk forward. The count is 1, 2, 3, Pivot. Except do not pivot at the halfway point at your home position, then you reverse the process.

You are typically circling left when this is called. Ladies step into the middle while the men keep moving around the circle. When the ladies step back out the boy on their right will now be the boy on their left. Great excuse to make some noise. Person on the right (usually the girl) rolls across in front of the person on the left as they (usually the boy) slide to the right. If done during a **Circle Left**, the boy has to stop circling long enough to get the girls across. Same result as a **Half Sashay**. Remember that a little arm tension makes it easier and more fun.

You walk a square. After each side of the square you pivot toward the center, except the final side of the square does not end with a pivot. Like with a Right & Left Grand you alternate hands: Right, Left, Right, Left. Start with your right hand unless the call is Left Square Thru. Default is 4 sides to the square, but a modifying number can be called.

Turn around individually 180° to face the opposite direction. If with a partner, turn toward your partner. If acting singly, turn toward the center of the square.

Bend The Line

California Twirl

Slide Thru

Dive Thru

Right & Left Thru

Veer Left Veer Right Turns you and your partner to face in the opposite direction. You raise your joined hands and do a motion very similar to a **Star Thru**, you walk forward passing right shoulders, the girl ducking under the joined hands while she turns toward her left shoulder. The boy turns 180° toward the right.

The line divides in two and bends to end up with each side facing the other side. To make this happen, the Centers back up and the Ends go forward.

Begins with couples facing couples. The couple with their back to the center makes an arch with their inside hands. The outside couple dives under the arch. Then the inside (now outside) couple keeps their raised joined hands as part of a **California Twirl**.

Identical to **Star Thru**, but without hands. **Pass Thru**, boy turns to the right 90° while the girl turns to the left 90°.

Couple moves to the Left or Right and about a foot forward. There is no change of direction. The name is built from the components. You're doing a sort of **Pass Thru**, but it includes pulling by with the **Right** hand and taking your partner's **Left** hand for a **Courtesy Turn**. Thus **Right & Left Thru**. The **Courtesy Turn** is part of the call. You won't hear it mentioned, but it's there. Lead Left / Lead Right Circulate Couples Circulate All 8 Circulate etc.

Centers Trade / Ends Trade

Chain Down The Line

Flutterwheel / Reverse Flutterwheel

Wheel & Deal

To **Circulate** simply means to move to the next position along a path. If you in a Couples formation with Two-Faced Lines, you have to imagine a chariot race. You're moving around the oval. If you're a trailer facing someone's back, walk into their shoes. If you're a leader facing out, wheel into the next spot. Ends stay ends. Centers stay centers.

Directed couple(s), working as a unit, move forward along a 90° arc to face the couple (or wall) to their right (or their left).

Here you're doing a **Ladies Chain** from a different position. You're in a Two-Faced Line. The girls are in the center holding right hands with each other. It's as if they've already started a Ladies Chain. So the girls turn half (actually more like a third) by the right hand and offer the left to the guy for a Courtesy Turn.

From Two-Faced Lines. Each couple steps slightly ahead. Each couple then wheels (180°) toward the center of the line with the center dancer of each couple acting as the pivot point. From Lines of Four all facing the same way adjust so you don't collide. Right side goes in first. Left side takes an extra step forward before wheeling in behind. Imagine yourself in a Two-Faced Line. Typically there will be two people of the same gender holding hands in the center. If the call is **Centers Trade**, those two people trade with each other by turning halfway with the common hand. If the call is **Ends Trade**, the Ends simply walk to the other end of the line, trading places with each other.

The right-hand dancers let go of current partner and take outside hands (right) with each other turning until they get back to where they started. When they're half around they pick up a new partner. The lefthand dancer is not dragged across but leads the way. If **Reverse Flutterwheel**, roles are reversed and the left-hand dancer starts.

Sweep A Quarter Double Pass Thru

First Couple Go L/R

Next Couple Go L/R

Ocean Waves Step To A Wave

Facing Couples Rule

Ocean Wave Rule

DoSaDo To A Wave Imagine two couple, one in front of the other, both facing the center of the square, and opposite two other couples facing in as well. We call that a Double Pass Thru position because from here we could do a **Double Pass Thru**. Everybody passes two people until you have no one else you can pass. Everyone is now facing out away from the center.

Certain calls, like **Flutterwheel** and **Wheel & Deal**, involve rotation as they finish. You can ask people to keep the rotation going another 90 degrees before they stop by adding **Sweep A Quarter** to the call.

Ocean Waves: More a formation than a call. Dancers facing in alternate directions in a wave. Step To A Wave: You're facing another couple. You step forward toward the person opposite you and take right hands. The two center dancers also take left hands together.

Do a DoSaDo and let that rotation toward your left at the end slide you into an Ocean Wave. You'll be holding right hands with the person you did the DoSaDo with. Imagine you've just completed a Double Pass Thru. Everyone is facing out. Each couple, working as a unit, walks forward in a 180° arc either Left or Right. The couple in front takes the "First Couple" command and the trailing couple takes the "Next Couple" command. Usually ends lines facing in.

Callers treat an Ocean Wave and couple facing couples as the same thing. **Facing Couples Rule**: It's not necessary for the caller to tell you to Step To A Wave before a Swing Thru type call. **Ocean Wave Rule**: It's also possible to call several calls which are normally associated with couples facing couples while in a wave: Pass Thru, Slide Thru, Right & Left Thru. Just drop the hand and finish the call. Trade Right / Trade Left Allemande Left in the Alamo Style

Swing Thru / Left Swing Thru

Run / Cross Run

Partner Trade

Ferris Wheel

Starts with an **Allemande Left**, but you don't let go of the left hand, plus you take right hands with your partner. That results in a ring of people in a wave. So half of the people will be facing in and half facing out.

Turn half by the designated hand.

Run means you do a tight little half circle to take the adjacent dancer's spot who slides into the runners original spot. When the runner is finished they will have changed direction 180°. The slider does not change their facing direction. When you run centers become ends, ends become centers.

When you **Cross Run** the runners cross over to the other side of the wave or line. Still, centers become ends, ends become centers.

Done from a Two-Faced Line. Very much like a **Wheel & Deal**. In fact *exactly* like a **Wheel & Deal** if you're facing out. But if you're facing in, you don't want to end up facing the other couple in your Two-Faced Line. You want to take a couple of steps forward and **Wheel & Deal** with the other couple facing in who've also stepped forward. That's the couple you end up facing. Ends in Double Pass Thru formation. **Swing Thru**: Turn half by the right if you can and half by the left if you can. Stay in your wave of four people.

Left Swing Thru: Turn half by the left if you can and half by the right if you can.

When you do an **Alamo Ring Swing Thru** everyone will be able to turn by BOTH the right *and* the left.

Imagine you're standing side-by-side with your partner. *Drop hands*. You both walk a half circle into your partner's position. To avoid bumping into each other, you pass right shoulders. So the boy ends up walking a slightly larger loop and the girl takes the shorter route. You end up facing the opposite direction from when you started, still side-by-side.

Make Lines

Pass The Ocean

Ocean Wave Circulates All 8 Circulate Boys Circulate Girls Circulate Ends Circulate Centers Box Circulate

Extend

Zoom

Trade By

You're facing another couple. You **Pass Thru**. You turn to face you partner, the person beside you. The four of you **Step To An Ocean Wave**. Not actually a call. But when you crash this is what you do. Square your set. The Sides slide a yard to their right while the heads (the ones to their left) slide over beside them. That makes lines in the side position. Then you wait patiently until you hear the caller say, "You've got lines," or "Lines Forward & Back."

Step forward. If someone is in front of you, finish by stepping to a wave. Normally you'll want to step to a righthanded wave. Except if you begin in a left-handed wave, end in a left-handed wave. You just have to see the path. Or perhaps I should say paths. There's an inner path, and an outer path. You follow your path. If you're a trailer, if there is someone directly in front of you, you don't have to think. Just walk into their shoes. If you're facing out, you have a decision to make. Where's the continuation of the path? Ends stay ends. Centers stay centers. All 8 Circulate means everyone does it.

There are two couple facing each other in the center. And behind each of those couples is another couple facing out. When you **Trade By** everyone moves in what amounts to a Circulate. The couples in the center **Pass Thru**. The people facing out have to **Partner Trade** unless they intend to wander off into the distance. You're in Tandem Couples, one in front of the other. So you've got Leaders in front and Trailers behind them. The leaders Peel to the outside, away from each other, walk a little circle and end up behind where they started in their Trailers' position. In the meantime the Trailers just step forward into the positions the Leaders have vacated. The two couples have switched positions.

Box The Gnat

Hinge / Couples Hinge

Touch 1/4 / Left Touch 1/4

Single File Circulate

more commonly known as

Column Circulate

Fold / Cross Fold

Scoot Back

A **Hinge** is half of a **Trade**. From an Ocean Wave, walk 90 degrees in an arc around the joined hand of the end & their adjacent dancer and stop. You may be able to establish a new wave at right angles to your old wave. A **Couples Hinge** is half of a **Couples Trade**. If from normal couple, start to **Partner Trade** and stop halfway. Take Right Hands.

In a column, circulate means you walk into the shoes of the person directly ahead of you. When you do that you'll pass someone at the midpoint of your movement. You only stop when you meet your second person. If you're at the front of the column and there's no one in front of you, you need to flip over to the other column.

The result is the same as if you and your adjacent dancer both ran into each other's spot. The person facing out does just that. Those facing in **Turn Thru** with the person from the other wave also facing in. You each step forward, take inside hands, turn half by that hand, and walk out into the spot vacated by your neighbor running into your spot. Take right hands with the person you're facing. You're going to trade places passing right shoulders. The joined hands are lifted and the woman goes under the hands as she turns toward her left. You end facing each other, still holding the right hands. Often **Box The Gnat** is followed by a call that will begin with the right hand.

This is the same as a **Hinge**, but it begins when you're facing someone. So you first have to step forward and take right hands, then Hinge. If the caller wanted you to take left hands, the call would be **Left Touch 1/4**.

The person folding walks a tight little circle moving forward to stand in front of the person next to you. You'll end up either nose to nose or facing their back. The person not folding does not move and does not get out of the way. "Cross" means you cross the center line and Fold in front of or behind the person on the other side of the line or wave.

Column Formation

Recycle

Tag The Line

Half Tag

Circle To A Line

Separate

Around 1 / Around 2

To A Line / Come Into The Middle

Split The Outside Two

Recycle is a **Wheel & Deal**, but from an **Ocean Wave**. For the person on the outside of the wave **Recycle** and **Wheel & Deal** are identical. You do what amounts to a **Cross Fold**. However the center person is facing the wrong way. So they fold behind the end dancer and follow them, ending up standing beside them facing the other couple in their wave.

When you Tag The Line you don't have to go all the way. You can fractionalize it. Each fraction is a result of one more **Extend**. So, to begin everyone faces right or left toward the center of the line. If you do one **Extend** from here, only the leaders can meet up in a wave. Another Extend and your have two parallel waves. That's **Half Tag**.

Separate: Turn your back on your partner and go in opposite directions.

Around 1 or 2: Do you go around 1 or both of the nonactive people?To A Line: Make a Line with the nonactives.

Come Into The Middle: No line, pass into the middle, the nonactives slide apart and then back together.

Split The Outside Two: Nonactive couple splits apart and then slides back together as active couple goes between them.

If you're in lines facing in and you do **Touch 1/4** you'll end up in a Column. A normal right-handed column has one side facing one way and the other side facing the opposite direction with everyone holding right hands down the middle. A lefthanded column is also possible.

Everyone in the line faces the center of the line. Shift a little to the left so you won't bump into people and passing right shoulders do a **Double Pass Thru**. You will often then hear a directional command In, Out, Right or Left. Turn 90 degrees to face as directed.

Outside couple facing in, inside couple facing out. Begin by joining hands, circle left half way. Then the boy who began the call on the inside drops the hand of the woman ahead of him and walks straight to form a line. The woman whose hand was dropped raises her lead hand (left) in the air and walks under it to become the other end of the line.